



517 Jefferson St., East Greenville
 The Center: 215.679.6550
 Main Office: 215.679.4112



**Monday - Friday
 Served at 12 pm**

For adults 60 years old & over, Contributions are encouraged, but not required. (Under 60=\$4.85 or see staff)

M E N U

Tasty and nutritious meal, side items, bread, 1% milk, coffee, tea

RSVP by 11 am, Doors open 11:30 (Earlier RSVPs for special meals)

Monday	Tuesday	Wednesday	Thursday	Friday
<p><i>Substitutions available upon request.</i></p>	<p>1</p> <p>Salisbury Steak w/ Mushrooms Broccoli w/ Red Pepper Roasted Potatoes</p>	<p>2</p> <p>Chicken Teriyaki Oriental Blend Veggies Fried Brown Rice</p>	<p>3</p> <p>Lasagna Rollup Peas Cauliflower</p>	<p>4</p> <p>Swiss & Ham Omelet Sautéed Spinach w/ Carrots Hashbrowns</p>
<p>7</p> <p>Chicken Florentine Bowtie Noodles Peas & Carrots</p>	<p>8</p> <p>Crab Cake w/ Mac & Cheese Stewed Tomatoes Broccoli & Cauliflower</p>	<p>9</p> <p>Southwest Chicken Thigh Salsa Rice & Black Beans Corn w/ Peppers</p>	<p>10</p> <p>Rigatoni w/ Meat Sauce Peas Warm Peaches</p>	<p>11</p> <p>Sliced Turkey w/ Roasted Garlic Gravy & Onions Whipped Sweet Potatoes Brussels Sprouts</p>
<p>14</p> <p><i>Columbus Day</i></p>	<p>15</p> <p>Sweet and Sour Chicken Broccoli & Carrots Brown Rice</p>	<p>16</p> <p>Cheddar Burger w/ Caramelized Onions Broccoli & Corn Red Bliss Potatoes</p>	<p>17</p> <p>Tortellini w/ Peas & Garlic Butter Sauce Green Beans Warm Sliced Peaches</p>	<p>18</p> <p>Sliced BBQ Beef Sweet Corn w/ Peppers Collard Greens</p>
<p>21</p> <p>Stuffed Shells Brussels Sprouts w/ Diced Carrots Warm Apples</p>	<p>22</p> <p>Garlic Dijon Chicken Thighs Collard Greens Honey Whipped Sweet Potatoes</p>	<p>23</p> <p>Meatballs w/ Onion Gravy Cubed Potatoes Green Beans</p>	<p>24</p> <p>Chicken Alfredo w/ Light Cream Sauce Broccoli, Cauliflower & Carrot Penne Pasta</p>	<p>25</p> <p>Spanish Omelet Cinnamon Oatmeal Warm Cranberry Pears</p>
<p>28</p> <p>Lemon Pepper Fish Brown Rice Green Beans & Carrots</p>	<p>29</p> <p>Salisbury Steak w/ Mushrooms Broccoli w/ Red Pepper Roasted Potatoes</p>	<p>30</p> <p>Chicken Teriyaki Oriental Blend Veggies Fried Brown Rice</p>	<p>31</p> <p>Harvest Festival & Special Lunch *RSVP by 10/29</p>	<p><i>Lunch donations benefit the Montgomery County Office of Senior Services (MCOSS).</i></p>

Come for the meal. Stay for friends and fellowship.