



Enriching the Lives of Older Adults in Our Community

Together Through Celebrations and Storms

The Center had a wonderful time celebrating America's 250th birthday this July. Festivities included an indoor picnic lunch, a reading of the Declaration of Independence by John Buckley, pastor of Upper Perkiomen Community Church and President of The Open Link Board of Directors, an outing to the Schwenkfelder Library & Heritage Center to explore its USA 250 exhibits, and more. Pictured here are some of our time together.

As our community prepared for the Fourth of July weekend and America's milestone anniversary, many of us expected fireworks, family gatherings, and time to celebrate. Instead, strong storms quickly moved through the Upper Perkiomen Valley, bringing widespread power outages and unexpected challenges.

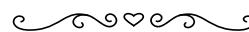
Many neighbors lost electricity for hours or even days, which was not ideal during a heat wave. Some regained power, only to lose it again. Homes quickly became uncomfortably warm, some had trees down on their property, and many had to throw away spoiled food. The Center was not spared. Like many of you, we lost power, had to discard a significant amount of food, and had soffit torn off of our roof.

The holiday weekend was frustrating and disappointing. It was also a reminder of how quickly our plans can change and that circumstances are often beyond our control. Storms come. Plans shift. In those moments, we are reminded of what it takes to be resilient and of the importance of patience, flexibility, and community.

At The Center, we see examples of resilience every day in so many of you, your willingness to adjust and move forward, and how well you support one another, even while dealing with your own ups and downs.

Although there may be bumps in the road, we continue traveling together. The company of those beside us makes the journey so much better! Thank you to everyone who checked on a neighbor, offered assistance, shared resources, or simply showed patience during Independence Day weekend. We are also grateful to everyone who joined us in celebrating our country's Semiquincentennial here at The Center, as well as who spends time with us on the ordinary days, too! Your friendship, kindness, and community spirit make every day at The Center worth celebrating.

See page 6 to learn how we'll celebrate you on Friday, August 21st as we recognize National Senior Citizen Day!



Newsletter Contents:

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Page 7 - Weekly & Ongoing Activities, Save the Dates
Page 8 - Extra! Extra! RSVPs, Montco Centenarian Celebration, Diner's Club, Lower Level Hours



Penn Street provides services to meet the critical needs of individuals and families through a food pantry, employment, education, housing and homelessness services, financial assistance, and more!

The Center in East Greenville offers opportunities for older adults (ages 60+) to stay healthy, active, and connected! Programming is focused on nutrition, exercise, education, enrichment, and socialization. Many programs are open for adults of all ages.

The Center: 517 Jefferson Street, East Greenville, PA 18041

Hours: Mon-Fri 8:00 AM to 4:00 PM

Call or Text: 215-679-6550 | **Email:** center@theopenlink.org

Penn Street: 452 Penn Street, Pennsburg, PA 18073 • 215-679-4112 • www.theopenlink.org

CENTER ACTIVITIES in August

RSVP 24 hrs. in advance for activities. Space may be limited.
See details and suggested donation amounts below.

* = Space is Limited

^ = Lower Level

Regular, Ongoing
Activities Pg. 7

WATERMELON EXTRAVAGANZA w/ Family Caregivers • Mon., Aug. 3, 2026, No Cost.



National Watermelon Day brings a day packed with fun, food, and educational activities!

11:30 AM - Annual Seed Spitting Contest held under the covered driveway. Cool off inside with refreshments: Watermelon Lemonade and Watermelon Salsa. Let us know if you're attending lunch!

12:45 PM - Hydration Discussion followed by **Hydration Games**. Complimentary watermelon and a door prize raffle for watermelon-themed items. Courtesy of *Family Caregivers Network*.



MAHJONG FOR BEGINNERS^ • Tues., Aug. 4 & 11, 2026 - 9:00-11:00 AM, No Cost.

Learn how to play this tile-based game and spend time with friends. Center Volunteer Alicia will help you master the rules of play. Attendance at both sessions is encouraged.

CHAIR VOLLEYBALL* w/ Finland Mennonite Senior High Youth • Tues., Aug. 4, 2026 - 1:00 PM, \$2.



Finland Mennonite teens and their youth group leaders will lead and participate in this lively game. This is part of their Senior High "SLS" (Stay Local Service) Week.



WEDNESDAY WALKS continue at 9:30 AM to beat the summer heat. See pg. 6 for details. This activity will move to 2:30 PM in September and continue through fall.

SWEATIN' TO THE OLDIES is now a weekly 10:15 AM class! See pg. 6 for details.

ROOT BEER FLOATS w/ TCAFCU • Thurs., Aug. 6, 2026 - 12:45 PM, No Cost.

Beth Biehl of Tri County Area Federal Credit Union will be scooping ice cream and pouring root beer! Low/no sugar options available. Beth hosts financial workshops and educational events, and is well-known at The Center for helpful fraud prevention workshops and hosting Bingo!

STAMP COLLECTING^ • Mon., Aug. 10, 2026 - 10:00 AM, No Cost. No RSVP Required.



Show, share, evaluate, and trade stamps. Second Monday of each month in the Lower Level.

GETTING OLD IS NOT FOR SISSIES* • Tues., Aug. 11, 2026 - 12:45 PM, No Cost.

A panel discussion on the challenges of aging. Hear from local experts in the fields of insurance, Medicare, real estate, elder law, funeral planning, and more! Q&A, plus time to speak directly with the experts. Receive a raffle ticket, ice-cold sweet treat, and a bag to collect resources from the experts, all from **Gerhart, Hartman, & Ritner, LTD**, the sponsors of this event.

WORKOUT WEDNESDAY w/ Farryn • Wed., Aug. 12, 2026 - 12:45 PM, No Cost.

Hosted by *Phoenix Physical Therapy*. Easy exercises adapted to fit your needs.



CARDIO DRUMMING* w/ Tribe Nutrition • Thurs., Aug. 13, 2026 - 10:00 AM, \$2.

Our instructor Janet leads this fun full-body workout, set to music we all know and love!



SUMMERTIME SOCIAL* • Thurs., Aug. 14, 2026 - 12:00 PM, \$2.

12:00 PM: Outside-In Cookout - Enjoy a summer meal in the comfort of the Big Room.

Menu: Hot dogs with a toppings bar, potatoes, sugar snap peas, and fruit.

12:30 PM: Games & More - Beat the heat with indoor games like Uno, Skip-Bo, Bunco, and more. Three fun raffle baskets, **\$1 ticket**: Backyard BBQ, S'mores Indoors, and Very Berry Basket.

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Regular, Ongoing
Activities Pg. 7

TRIVIA - Theme: Dog Days of Summer • Fri., Aug. 14, 2026 - 1:00 PM, Donations Encouraged.

Join a team, answer questions, and win small prizes! Light refreshments served.



CAADC WEATHERIZATION PROGRAM • Mon., Aug. 17, 2026 - 12:45 PM, No Cost.

Learn how this free state-funded program helps income-eligible households reduce energy costs. See the flyer for services and income qualifications or call The Center for more details.

OUTING: The Grand Theater • Tues., Aug. 18, 2026 - 1:00 PM, Participants Responsible for Costs.

Spiderman: Brand New Day. Meet at the theater, 252 Main St., East Greenville. Street parking only; carpooling is encouraged. **\$5 plus any concession purchases.** The Grand accepts cash only.

SOAP DEMO & WORKSHOP w/ Screaming Goat Farm* • Wed., Aug., 19, 2026 - 1:00 PM, No Cost.

Demo: Discover how small-batch soap is made. It normally takes 4-6 weeks to cure, but Melissa will demonstrate from start to finish. **Make & Take:** Receive a complimentary bar of soap and personalize it by creating a label, then decorate it with twine, markers, flowers, and more.



LET'S TALK ABOUT IT: CHILDHOOD GAMES • Thurs., Aug. 20, 2026 - 11:30 AM, No Cost.

At this month's discussion, we'll talk about (and play) games like jacks and Red Light, Green Light.



NUTRITION DEMO: Summer Peach Salad w/ Teri* • Thurs., Aug. 20, 2026 - 1:00 PM, No Cost.

Celebrate the flavors of summer with Teri Wassel, MS, RS, Montgomery County Registered Dietician. This salad features juicy peaches, mixed greens, burrata cheese, and roasted pistachios.

Two Special Activities to Celebrate National Senior Citizen Day • Fri., Aug. 21, 2026

See page 6 for details.

ICED COFFEE & PASTRIES^ • 9:00-11:30 AM in the Lower Level, Donations Welcome.

RED CARPET BINGO w/ Guest Host Marianne Lynch • 1:00 PM, \$1.

PARTICIPANT MEETING • Tues., Aug. 25, 2026 - 12:45 PM, No Cost.

These quarterly meetings give us an opportunity to hear your feedback and suggestions. Our main topic will be the Diner's Club featured on page 8. Come learn about it and help us get started!

BIRTHDAY PARTY • Wed., Aug. 26 - 12:45 PM, No Cost.

Everyone is welcome to help us honor guests with a August birthday with cake and an activity.



SPECIAL LUNCH: Picnic in the Park* • Thurs., Aug. 27 - 12:00 PM, \$3.

Lunch and summertime fun at **Camelot Park**, 1124 Church Rd., East Greenville. **Menu:** Ham or Turkey Sub, Pasta Salad, Chips, Fresh Fruit, Cookie, Freeze Pops. Sit at picnic tables under the pavilion or bring a folding chair. In case of rain or heat advisory, event will move to The Center.

OUTING: Hometown Ice Cream • Fri., Aug. 28 - 1:00 PM, Participant Responsible for Cost.

Meet at the shop or carpool from The Center. 637 Gravel Pike, East Greenville. A lucky attendee will win a free treat. Enter the raffle at The Center anytime this month. *Must be present at outing to win.

BOOK CLUB^ • Mon., Aug. 31, 2026 - 10:00 AM, Borrow a book from The Center at no cost.

Historical fiction *Great Circle* by Maggie Shipstead is a dual-timeline story of Marian Graves, a daring pilot and Hadley Baxter, a modern actress trying to redefine herself while portraying the aviator.





517 Jefferson St., East Greenville

Call/Text: 215.679.6550

**\$2 Suggested, Anonymous
Donation for Ages 60+**

Adults <60 = \$5.09

AUGUST

menu

RSVP: 24 hours required.

Sign up by 12:00 PM the weekday before.



Mon-Fri, 12:00 PM

Doors open at 11:30 AM
for *Coffee & Connections*

Monday	Tuesday	Wednesday	Thursday	Friday
Korean Beef BBQ Brown Rice Oriental Blend Veggies (Broccoli, Onion, Mushroom, Peppers)	Lemon-Caper Chicken Piccata Honey Glazed Beets Confetti Brown Rice	Country Beef Ragout w/ Buttered Noodles Peas Carrots	Shrimp Scampi Broccoli & Carrots Mixed Vegetables	Eggplant Parmesan Brussels Sprouts Rotini Pasta w/ Sauce
Sliced Turkey w/ Citrus Thyme Gravy Mashed Potatoes Green Beans	Philly Cheeseburger Potatoes Green Beans	Tuscan Sundried Tomato & Spinach Breakfast Herb Roasted Potatoes Zucchini, Corn, Onions	 Summertime Social Outside-In Cookout Beef Hot Dog w/ Toppings Bar, Roasted Potatoes, Snap Peas	Grilled Chicken & Bacon Mac & Cheese Stewed Tomatoes Green Beans
Sliced Roast Beef w/ Mushroom Gravy Mashed Sweet Potatoes Green Beans	Sweet & Sour Chicken w/ Pineapple Sauce Brown Rice Oriental Blend Veggies	Roast Pork Loin w/ French Onion Gravy Roasted Potatoes Green Beans	Sweet Tomato Glazed Meatloaf Mashed Potatoes Peas	Turkey Alfredo w/ Wide Noodles Mixed Veggies Warm Spiced Pears
Crispy Cheese & Potato Crusted Cod Sweet Potato Cubes Island Blend Veggies	Cheese Lasagna Garlic Spinach w/ Carrots Corn & Zucchini	Orange Glazed Chicken Roasted Potatoes Brussels Sprouts	 Special Lunch Picnic in the Park Ham or Turkey Sub Pasta Salad, Chips, Cookie, Freeze Pop	Crabcake w/ Mac & Cheese Scalloped Tomatoes Broccoli, Carrots, & Cauliflower
Korean Beef BBQ Brown Rice Oriental Blend Veggies (Broccoli, Onion, Mushroom, Peppers)	Substitutions available upon request. Alternate meal options are limited. Menus are created by a registered dietitian and meet 1/3 of the recommended dietary allowances. <i>*Menu Subject to Change</i> Contributions are anonymous and encouraged, but not required and benefit Montgomery County Office of Aging Services (MCOAS). The Center's cost of each meal is \$5.09. 			



Tasty and nutritious meals complete with side items, bread, 1% milk, coffee, and tea. The Center serves a monthly Special Meal; dietary requirements may not be met. Donations benefit The Center.

Come for the meal. Stay for friends and fellowship.



517 Jefferson St., East Greenville
Call/Text: 215.679.6550

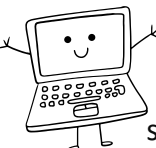
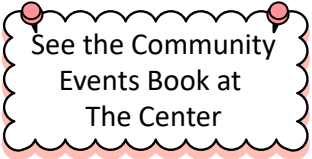
See newsletter for details:
RSVP dates, costs, etc.

August

RSVP **24 hrs notice** in advance.
Space is limited for some programs.

ACTIVITY CALENDAR

Activities are targeted to
adults aged 60+, many
open to adults of all ages.

Monday	Tuesday	Wednesday	Thursday	Friday
3 9:00 Walkercise 9:30 Mindful Monday [^] 9:45 WOW 11:30 Seed Spitting Contest 12:30 Mahjong [^] 12:45 Hydration w/ FCN 	4 9-11:00 Mahjong for Beginners [^] 10:15 Tai Chi 12:30 Billiards [^] 1:00 Chair Volleyball * <i>w/ Finland Mennonite</i> 	5 9:00 Walkercise 9:30 Wednesday Walks 10:00 Sew Many Projects [^] 10:15 Sweatin' to the Oldies	6 10:00 Joints in Motion [^] 12:30 Games & Gather 12:45 Root Beer Floats <i>w/ Beth, TCAFCU</i> 	7 9:00 Coffee Bar [^] 9:00 Chair Yoga 10:15 Tai Chi 12:30 Billiards [^] 
10 9:00 Walkercise 9:45 WOW 10:00 Stamp Collecting [^] 	11 9-11:00 Mahjong for Beginners [^] 10:15 Tai Chi 12:30 Billiards [^] 12:45-2:45 Getting Old is NOT For Sissies *	12 9:00 Walkercise 9:30 Wednesday Walks 10:00 Sew Many Projects [^] 10:15 Sweatin' to the Oldies 12:45 Workout Wed. <i>w/ Farryn</i>	13 10:00 Joints In Motion [^] 10:00 Cardio Drumming * 12:00 Outside-In Cookout * 12:30 Games & More! 	14 9:00 Coffee Bar [^] 9:00 Chair Yoga 10:15 Tai Chi 12:30 Billiards [^] 1:00 Trivia: Dog Days of Summer
17 9:00 Walkercise 9:30 Mindful Monday [^] 9:45 WOW 12:30 Mahjong [^] 12:45 Weatherization Program w/ CAADC	18 10:15 Tai Chi 12:30-1:30 Billiards [^] 1:00 Outing: The Grand Theater - Spiderman 	19 9:00 Walkercise 9:30 Wednesday Walks 10:00 Sew Many Projects [^] 10:15 Sweatin' to the Oldies 1:00 Soap Workshop <i>w/ Screaming Goat Farm</i>	20 10:00 Joints in Motion [^] 11:30 Let's Talk About It: Childhood Games 12:30 Game & Gather [^] 1:00 Nutrition Demo * w/ Teri Wassel, Health Dept. 	21 ★ <i>National Senior Citizen Day</i> 9:00 Coffee & Pastries [^] 9:00 Chair Yoga 10:15 Tai Chi 12:30 Billiards [^] ★ 1:00 Red Carpet Bingo *
24 9:00 Walkercise 9:45 WOW 12:30 Mahjong [^]	25 10:15 Tai Chi 12:30 Billiards [^] 12:45 Participant Mtg: Topic - Diner's Club 	26 9:00 Walkercise 9:30 Wednesday Walks 10:00 Sew Many Projects [^] 10:15 Sweatin' to the Oldies 12:45 Birthday Party 	27 10:00 Joints In Motion [^] 12:00 Special Lunch: Picnic in the Park * 12:45 Game & Gather at The Park 	28 9:00 Coffee Bar [^] 9:00 Chair Yoga 10:15 Tai Chi 12:30 Billiards [^] 1:00 Outing: Hometown Creamery 
31 9:00 Walkercise 9:45 WOW 10:00 Book Club [^] 12:30 Mahjong [^] 	 Tech Support Available! Get help with a smartphone, tablet, laptop, GPS, and more! Call, email, or see front desk.  Community Lunch Mon-Fri, 12:00 PM Doors open at 11:30 AM for <i>Coffee & Connections</i>  See the Community Events Book at The Center			

Most costs are anonymous, suggested donations. Some programming may incur required costs or advanced payment. Cost should not be a barrier, and an inability to pay does not prevent someone from attending.

[^] = Lower Level

Enriching the lives of older adults in our community.

* = Space is Limited



National Senior Citizens Day

Center Staff and Marianne Lynch, Executive Director of The Open Link, invite you to a day of festivities to celebrate the wonderful seniors who make The Center shine!

ICED COFFEE & PASTRIES

9:00-11:30 AM in the Lower Level

Let us treat you to something special!
Enjoy refreshing iced coffee in the Gathering Place or take it with you on the go. A variety of flavors will be available. There is no need to be here for an activity, just stop by!
Complimentary. Donations Welcome.

RED CARPET BINGO

1:00 PM - Doors open at 12:30 PM

Upon arrival, walk the red carpet and the Walk of Fame. There will be plenty of photo opportunities, so dress to impress! (Casual attire is also welcome.)
Enjoy special refreshments, themed rounds of Bingo, and plenty of star treatment.
\$1 to play the whole time.





EXERCISE CLASSES AT THE CENTER



Be active, stay healthy, make connections!

Register for each class once, then come as your schedule allows.
\$2 anonymous suggested donation per class. Your first class is always free!

Walkercise – Mon. & Wed., 9:00–9:30 AM. Stretch those morning muscles and get your heart pumping! Follow a 30-minute video and enjoy good conversation while moving your feet.

WOW (Women on Weights) – Mon., 9:45 AM. Follow along to videos of strength and resistance training, plus balance and flexibility exercises, in a fun and upbeat class.

***new!* Sweatin' to the Oldies** – Wed., 10:15 AM. Our Richard Simmons workouts are now weekly! Enjoy upbeat, dance-based exercise designed for all abilities, along with plenty of fun and nostalgia. We may occasionally try other videos, but the music and movement will stay lively.

Wednesday Walks w/ Wendy – Wed., 9:30 PM, Camelot Park. Enjoy a 1-mile loop in the sun-fresh air (other paces/distances welcome). Walking benefits our bones, joints, blood sugar, balance, heart health, and more. Build a healthy habit with accountability buddies. (No Cost.)

Tai Chi – Tues. & Fri., 10:15–11:15 AM. Gentle physical exercises and stretches. Accessible for everyone and can be done seated or with a chair for support. This class follows the popular videos from the Happy Thought Tai Chi Program developed by Master Instructor Mark Cashatt.

Joints In Motion^ – Thur., 10:00 AM. Low-impact exercises to improve range of motion, increase endurance, and reduce joint pain. Supplies provided. Class follows Arthritis Foundation videos.

Chair Yoga – Fri., 9:00–10:00 AM. Certified instructor Sarah Thayer has a passion for making yoga accessible for everyone! Explore breathing techniques, relaxing meditations, and exercises to enhance strength, flexibility, and balance – all with the support of a chair!

- **Classes are targeted for ages 60+**, but open to all ages, unless otherwise specified.
- **Arrive a few minutes** early to secure your spot and set up equipment. Classes begin promptly at their start times to avoid delays to other programming.
- **Saving seats is not permitted.** Please claim your space upon arrival and avoid setting aside multiple seats for others to create an environment that is welcoming to everyone.

Monthly Exercise Programs – Details can be found on pages 2 and 3.



ONGOING ACTIVITIES in August

* = Space is Limited

^ = Lower Level

RSVP: Sign up in the Big Room, call/text 215.679.6550, or email center@theopenlink.org. Donations are always welcome!

TECH SUPPORT - 1:1 Appointments • Meet with a patient, knowledgeable volunteer tech coach. Get help with your smartphone, tablet, laptop, GPS navigation, and more! Please call, email, or visit front desk so we can match you up with a tech coach to fit your needs. 

No RSVP is required for these activities, and drop-ins are welcome. However, programming can be affected by other Center activities and agency meetings. Please check the calendar on page 5 or call ahead to see if an activity is being held.

 **MINDFUL MONDAYS^** • 1st and 3rd Mondays, 9:30 AM. Start your week grounded and focused. Varied activities include meditation, breathing exercises, and more.

MAHJONG^ • Most Mondays, 12:30-4:00 PM. A game based on skill, strategy and luck! A special Mahjong for Beginners will take place Aug. 4th and 11th. See page 2 for details. 

 **BILLIARDS^** • Tuesdays & Fridays, 12:30-4:00 PM. All skill levels welcome. Enjoy the social, laid-back, and low-stakes nature of the game, rather than technical skills.

SEW MANY PROJECTS^ • Wednesdays, 10:00 AM-3:00 PM. Quilters, scrapbookers, crocheters, and other handiworkers of all kinds are welcome to bring their projects! 

 **WEEKLY CHECK-IN w/ Family Caregivers Network** • Thursdays, 11:30 AM-12:30 PM. Blood pressure and health checks. Build healthy habits and keep lifestyle goals on target!

GAME & GATHER^ • Thursdays, 12:30 PM - 4:00 PM. Join friends in the Gathering Place for friendly competition! Card tables are set up for a game of your choice: cards, dominoes, or board games. The Coffee Bar and Cozy Corner are also available during this time. 

COFFEE BAR^ • Open Fridays, 9:00 AM to 12:00 PM. The Center is bustling with activity on Fridays with well-attended exercise classes, higher lunch attendance, and popular after-noon programs. Stop in for a cup of joe before or after an activity or use the space to gather with friends when the Big Room is closed for other activities. 



Chair Volleyball • Tues., Sept. 1
Center CLOSED for Labor Day • Mon., Sept. 7
National Play-Doh Day • Wed., Sept. 16
Needing Felting with Sue: Pumpkins • Wed., Sept 23
Special Meal: Welcome Fall • Thurs., Sept. 24
Stay Tuned: Musical performance by R.E.N.T. in the works!



“For all they have achieved throughout life and for all they continue to accomplish, we owe older citizens our thanks and a heartfelt salute. We can best demonstrate our gratitude and esteem by making sure that our communities are good places in which to mature and grow older - places in which older people can participate to the fullest and can find the encouragement, acceptance, assistance, and services they need to continue to lead lives of independence and dignity.”
- Excerpt from Proclamation 5847 - Ronald Reagan declaring Aug. 21st National Senior Citizens Day, 1988

EXTRA! EXTRA!



CENTER RSVPs and Signups

Please remember that RSVPs are required at least 24 hours in advance for most activities. Your reservation helps us plan, shop, prepare materials, and arrange the space.

When using the signup book at The Center, be sure to check off each activity you plan to attend. If your plans change, simply give us a call to cancel so we can update our count!



CENTENARIAN CELEBRATION

Are you or a loved one a Montco resident who turns 100 in 2026? Save the date! Montgomery County Health & Human Services (HHS) will hold its 17th Annual Centenarian Celebration on Wed., Sept. 30th, at Generations in Souderton.

Can't attend, but still want to be featured in their program? Contact The Center to find out



how to receive an invitation and provide HHS with information.

FIRST MONDAY COMMUNITY MEAL

Monday, Aug. 3 • 6:00 PM

Different local organizations and companies host these meals every month at no cost.

Pennsburg UCC - Sit-down meal

New Goshenhoppen UCC - Take-out meal

INTRODUCING DINER'S CLUB AT THE CENTER

Good food is even better with good company! We're kicking off our new Diner's Club. Explore new spots to eat, meet someone new, and share a meal together.

Our first discussion about locations, dates, and times will be at this month's **Participant Meeting on Tuesday, August 25th at 12:45 PM.**

Restaurant locations will be selected based on group interest. Do you have a favorite restaurant or a place you'd like to try? Share your suggestions!

Participants will be responsible for their own costs and transportation.



MAKE YOURSELF AT HOME IN THE LOWER LEVEL - Play, Relax, and Connect!

Participants are welcome to enjoy independent activities in The Center's Lower Level whenever a scheduled activity is not taking place. Spend time with friends playing pool or board games or listening to music. Prefer something quieter? Enjoy a cup of coffee, settle into the Cozy Corner with a book, or relax on the couch!

When the Lower Level is reserved for a program, it is not automatically closed for other activities. Sharing the space is encouraged. However, noise, distractions, and safety may require the space to be closed. Please check the activity calendar, posted signage, or speak with front desk.

General Lower Level hours are listed below, but are subject to change. The space may also close for meetings or to accommodate other programs.



Mondays - Reserved for morning activities and afternoon Mahjong.

Tuesdays - Open 8:00 AM-4:00 PM. Billiards is scheduled at 12:30 PM.

Wednesdays - Reserved for Sew Many Projects.

Thursdays - Open 11:00 AM-4:00 PM. Reserved until 11:00 AM for exercise class.

Fridays - Open 8:00 AM-4:00 PM. Coffee Bar open in the AM, Billiards at 12:30 PM.



www.facebook.com/groups/centerattheopenlink.org

The Center at The Open Link is partially funded by Montgomery County Office of Aging Services. Additional funding comes from grants, foundations, community sponsorship, and generous community members.



Office of Aging Services